



# FRESHMAN CHECKLIST

Use this checklist during your freshman year of high school to help you stay on track for college.

- Study hard.** Build good study habits to keep your grades in tip-top shape.
- Look for scholarships** at [UCanGo2.org](https://ucango2.org) and [OKcollegestart.org](https://okcollegestart.org). Freshmen should begin applying for college scholarships **now**.
- Save money.** Sign up for a college savings account from Oklahoma 529 ([oklahoma529.com](https://oklahoma529.com)) or continue to add money to an existing account. It's generally best to keep most savings in your parents' or guardians' names.
- Apply for Oklahoma's Promise.** If you didn't apply for the Oklahoma's Promise scholarship in 8th grade, visit [okpromise.org](https://okpromise.org) for program requirements and the online application.
- Talk about it.** Complete the Individual Career Academic Plan (ICAP) activities assigned by your school and discuss your future plans with your counselor, teachers, family members or other trusted adults. You can explore careers you're interested in on [OKcollegestart.org](https://okcollegestart.org).
- Take the right classes.** To be college-bound, you'll need to take and pass the following classes in high school, as determined by Oklahoma's College Preparatory/Work Ready Curriculum standards. Plan to take at least four college-preparatory classes per year.
  - 4 units of English
  - 3 units of math (at or above Algebra I)
  - 3 units of laboratory science
  - 3 units of history/citizenship skills
  - 2 units of non-English language OR computer technology
  - 1 additional unit selected from competencies listed so far or 1 unit from a list of approved courses for college admission
  - 1 unit of fine arts or speech
  - At least 6 electives
  - Demonstrate knowledge in Personal Finance Literacy
  - CPR/AED
  - Complete Individual Career Academic Plan (ICAP) activities
  - Complete the Free Application for Federal Student Aid (FAFSA) during your senior year

View a [detailed checklist](#) and summary of Oklahoma's curriculum standards and testing requirements.

- Track it and file it.** Download the *Tracking My Classes & Achievements* worksheet at [UCanGo2.org](https://ucango2.org) to plan ahead and keep a record of your accomplishments and volunteer work. This information will be helpful when you start scholarship and college applications. You can also track your high school courses and achievements through your ICAP program.
- Check it out.** Investigate course requirements and guidelines for college admission and Oklahoma's Promise. Visit [OKcollegestart.org](https://okcollegestart.org) to find this information and to utilize school exploration tools.