



SOPHOMORE CHECKLIST

Use this checklist during your sophomore year of high school to help you stay on track for college.

- Keep it up.** Study hard to keep your grades up.
- Look for scholarships at [UCanGo2.org](https://ucango2.org) and [OKcollegestart.org](https://okcollegestart.org).** Sophomores should begin applying for college scholarships *now*.
- Save money.** Sign up for a college savings account from Oklahoma 529 (oklahoma529.com) or continue to add money to an existing account. It's generally best to keep most savings in your parents' or guardians' names.
- Apply for Oklahoma's Promise.** If you didn't apply during 8th or 9th grade, visit okpromise.org for program requirements and the online application to apply for this scholarship program.
- Talk about it.** Complete the Individual Career Academic Plan (ICAP) activities assigned by your school and discuss your future plans with your counselor, teachers, family members or other trusted adults. You can explore careers you're interested in on [OKcollegestart.org](https://okcollegestart.org).
- Know what you need.** Review the courses you'll need to take to satisfy the requirements of the college you're interested in attending. Visit [UCanGo2.org](https://ucango2.org) to download a list of courses you'll need to pass in order to meet Oklahoma's College Preparatory/Work Ready Curriculum standards.
- Take it to the next level.** Take the PreACT, investigate AP courses, concurrent enrollment and honors-level courses to learn what's available and if you're eligible to enroll.
- Track it and file it.** Use your *Tracking My Classes & Achievements* worksheet from [UCanGo2.org](https://ucango2.org) to continue to plan ahead and keep a record of your accomplishments. Save records of report cards, awards and career assessment results.
- Be active.** Continue participating in extracurricular activities and volunteer work. Many admission officers and scholarship providers look for students who are actively involved in their school and community.
- Practice.** Use your [OKcollegestart.org](https://okcollegestart.org) account to access free practice tests, tutorials, career planning tools and other helpful resources. If you don't already have one, sign up for a free account today. You can also find sample questions at [ACT.org](https://act.org) to help you prepare for the ACT, which you can take during your junior year. Ask your school counselor for more information.
- Jot it down.** Write a pros and cons list of colleges you're interested in attending. Be sure to evaluate degree program options, location, cost and other factors. Learn more about Oklahoma colleges, universities and technology centers at [OKcollegestart.org](https://okcollegestart.org).



FRESHMAN CHECKLIST

Use this checklist during your freshman year of high school to help you stay on track for college.

- Study hard.** Build good study habits to keep your grades in tip-top shape.
- Look for scholarships at UCanGo2.org and OKcollegestart.org.** Freshmen should begin applying for college scholarships *now*.
- Save money.** Sign up for a college savings account from Oklahoma 529 (oklahoma529.com) or continue to add money to an existing account. It's generally best to keep most savings in your parents' or guardians' names.
- Apply for Oklahoma's Promise.** If you didn't apply for the Oklahoma's Promise scholarship in 8th grade, visit okpromise.org for program requirements and the online application.
- Talk about it.** Complete the Individual Career Academic Plan (ICAP) activities assigned by your school and discuss your future plans with your counselor, teachers, family members or other trusted adults. You can explore careers you're interested in on OKcollegestart.org.
- Take the right classes.** To be college-bound, you'll need to take and pass the following classes in high school, as determined by Oklahoma's College Preparatory/Work Ready Curriculum standards. Plan to take at least four college-preparatory classes per year.
 - 4 units of English
 - 3 units of math (at or above Algebra I)
 - 3 units of laboratory science
 - 3 units of history/citizenship skills
 - 2 units of non-English language OR computer technology
 - 1 additional unit selected from competencies listed so far or 1 unit from a list of approved courses for college admission
 - 1 unit of fine arts or speech
 - At least 6 electives
 - Demonstrate knowledge in Personal Finance Literacy
 - CPR/AED
 - Complete Individual Career Academic Plan (ICAP) activities

View a [detailed checklist](#) and summary of Oklahoma's curriculum standards and testing requirements.

- Track it and file it.** Download the *Tracking My Classes & Achievements* worksheet at UCanGo2.org to plan ahead and keep a record of your accomplishments and volunteer work. This information will be helpful when you start scholarship and college applications. You can also track your high school courses and achievements through your ICAP program.
- Check it out.** Investigate course requirements and guidelines for college admission and Oklahoma's Promise. Visit OKcollegestart.org to find this information and to utilize school exploration tools.
- Think it through.** Think about the university, college or technology center you'd like to attend. Download *Making the Most of Campus Visits* at UCanGo2.org, which provides a list of ideas to help you set up a successful college tour. Many colleges now offer virtual tours. Find a list of the Oklahoma tours on OKcollegestart.org.
- Take it to the next level.** Investigate [Advanced Placement](#) and other honors-level courses to know what's available and if you're eligible to enroll.